



April 2018 Eisenhower Express

Eisenhower, make the world a better place by...
acting responsibly, treating others fairly, showing respect,
and being a good citizen.

And remember Eisenhower, **YOU ARE AWESOME!**



School Principal News!

Mr. Ferguson

Hello Eisenhower Families,

I was going to say that spring has finally arrived, but the snow we had earlier this week certainly put that in doubt. I sure hope we can put the hats, gloves, and snow items away for good very soon!

Now that we are back from spring break, it's surprising to note that we have exactly two months of school left. It seems this school year has gone so fast! Our last day for students will be Tuesday, June 5 and it will be a full day of school. We look forward to being in a routine and having full weeks of school so that teachers and students can close the year on a strong note and solidify all of the new learning that has taken place this school year. We appreciate that you continue to make school a priority and ensure your student is here every possible day on time and ready to learn. When your child is late or absent, it does affect their learning. Thanks for keeping us informed when illness or special circumstances come up.

We just started our spring MAP assessments this week and they will continue until April 20 for students in 2nd-5th grade. Your child's teacher will keep you informed of the exact date of your child's testing for both a reading and math assessment. Upcoming we have the spring FAST language arts assessment for students in Kindergarten-5th grade taking place April 30 and May 1. This is a brief, 5 minute reading screening that students take three times each year. You will receive results of both of the MAP and FAST assessments at the end of the school year. Please encourage your child to work hard and take these spring assessments seriously, as we use this data to make important educational decisions and it allows us to see the great academic growth they have made this year.

Our Kindergarten Welcome events will take place coming up on April 17th and 19th from 5:30-7:00 p.m. in our gym. Those with last names starting with A-L should attend on the 17th and M-Z should come on the 19th. If you have a conflict on your scheduled night, feel free to come on the other evening. If you know of anyone who has not already received information from Eisenhower or the school district and who is living in the Eisenhower district and has a child turning 5 years old on or before September 15, 2018, please encourage them to contact our main office at 563-552-3500. We look forward to welcoming a new incoming kindergarten class!

The last couple of months of school will be busy so keep an eye on our calendar for upcoming events. We will have our annual "book swap" on April 19, sponsored by the Eisenhower PTO. You can send in books to be included in the swap any day from April 16-18. We also have a great "Family Group" activity planned for students on April 20 when we will do service for our school, practice our good character traits, and honor Earth Day. You should also note the 4th and 5th grade music concert is taking place on Thursday, May 3 at 6:30 p.m. at Roosevelt Middle School.

We try to keep you informed of all of our school events either via our Express or on our school website. If you have any questions do not hesitate to call our main office.

Have a great month of April!

Mr. Ferguson

Trauma Sensitive
Schools Conference
**Family and
Community
Night**

FEATURING

**JIM SPORLEDER &
HEATHER FORBES**



APRIL 13, 2018

DUBUQUE, IA

**BEST WESTERN HOTEL AND
CONFERENCE CENTER
3100 DODGE STREET
(563) 557-8000**

Register

Online At:

<https://tinyurl.com/tssfn>

Or by Phone:

563-556-3310 (ask for Jean)

Keystone
Area Education Agency



**Keystone AEA's Family & Educator
Partnership is excited to sponsor a FREE
Family & Community Night as an
extension of our 1st Annual Trauma
Sensitive Schools Conference.**

SESSION 1: 4:00 - 6:00 P.M.

**JIM SPORLEDER
"PAPER TIGERS"**

Jim Sporleder is a retired Principal of Lincoln High School in Walla Walla, WA. Lincoln High School became a "Trauma Informed" school, gaining national attention due to a dramatic drop in out of school suspensions, increased graduation rates and the number of students going on to post-secondary education. The story is the focus of the documentary "Paper Tigers."

Jim will be hosting a viewing of the award-winning documentary **Paper Tigers** and a discussion of how trauma-sensitive practice changed the culture of the school and the lives of its students. A question and answer session with Mr. Sporleder will follow.

SESSION 2: 6:00 - 7:30 P.M.

**HEATHER FORBES, LCSW
BATTLING BAD BEHAVIORS**

Heather is an internationally published author on the topics of raising children with difficult and severe behaviors, the impact of trauma on the developing child, and self-development. Much of her experience and insight on understanding trauma, disruptive behaviors, and adoption-related issues comes from her direct mothering experience of her two adopted children.

Heather Forbes will provide a live virtual presentation over Zoom. "Batting Bad Behaviors." When we look beyond the behaviors, the science really is giving us the answers. She will give you everything you need to help a child not only change his/her behavior but to heal from traumatic experiences. Heather will share multiple examples of typical behaviors we see from children and apply the science in a practical and common sense way. A question and answer session will follow.

School Nurse News!

~Mrs. Ernzen

SCREEN TIME LIMITS NEEDED!!

This information came from the Iowa Department of Education Healthy Schools Newsletter. You may want to check out the websites listed if you are concerned about your teen's screen time use. Also, this is a good reason to limit your younger children from excessive screen time!

A study published in the Clinical Psychological Science journal and reported by [The Washington Post](#) in 2017 outlined some serious health issues among teenagers across the country. Nearly a half a million U.S. teens (ages 13 to 18) completed questionnaires about how much they use their devices (smartphone, tablet, computer), sleep habits and also their general attitudes and feelings. The analysis revealed a sharp jump in depression and suicidal thoughts when screen time increased. And nearly half of U.S. teens are seriously sleep-deprived. Learn a few tips on how to get your teens to put down the smart phone on the [Healthiest State Initiative](#) website. #healthychoicescount

Trish Ernzen, RN
Eisenhower School Nurse
Phone: 563.552.3484
Fax: 563.552.3501

Leadership Students Fundraiser!

Did you know that around the world, 783 million people don't have access to clean, dedicated drinking water? In 1997, about half of the population of Africa suffered from at least one major water-related illness and currently 2,000 children under the age of 5 die each day from contaminated water. People in sub-Saharan Africa walk as many as 8 hours a day fetching water which is often from unclean sources. A full water jug weighs 40 pounds and is carried many miles often on top of women's heads. Many girls are unable to attend school because their job is to provide water for their families. Eisenhower can help! This month, leadership students will be collecting money to help provide clean water to Homacho, Ethiopia. We will be working with the organization, "Friends of Homacho" which is a local organization that provides hope to the people in and around Homacho, Ethiopia through clean water projects, education, and infrastructure aid. During the week of April 16th-20th Eisenhower students can bring in their coins to support this important project. We can make a difference in the lives of others by giving! If you are interested in finding out more about the water crisis in Africa, read the book, "Long Walk to Water" by Linda Sue Park. Also, check out the Friends of Homacho website at: www.friendsofhomacho.org. If you have any questions, please contact Katy Perreard at kperreard@dbqschools.org.

School Counselor News!

~Mrs. Klein

It is hard to believe that it is already April, and the theme of this month's guidance is "Self-Acceptance/Positive Thinking." At this time, we are going through a period of preparation for the yearly fluctuations that come with schooling. Our DCSD middle school counselors and students are meeting with students. Students are planning on attending their respective open houses, our new kindergarteners and their families are visiting Eisenhower for orientation, and teachers are busy with instruction and moving through the last stages of this year's curriculum. As the seasons are changing, we are all looking forward to more warmth, sunshine and the return of our own "resilience" once again. It all seems to work out although the support of friends and family members can make all the difference. Springtime is here. We are growing and changing, making it through and blossoming right alongside our children.

Enjoy this very special time of year.

Mrs. Klein



Happy Spring Eisenhower!

We have so many fun things going on this Spring in the PTO, please join us for our next PTO meeting on **Monday, April 9th** in the library at 6:30. Free childcare will be provided. Every parent and Eisenhower employee is a member of the PTO and we greatly appreciate your ideas and input.

Our **LAST** meeting this year will be **May 14th** and we will be looking for volunteers to help fill up spots on committees for the next school year! Please consider joining this great team!

We have a few events coming up this month that helps support our school. We hope to see you there and thank you for your continuing support!
(Watch for further details in your child's mailbag)

April 12th-Skate Night

April 17th-Wendy's night

Book Swap- This year our annual Book Swap will be April 19th. Start saving those old books to bring in to exchange for new ones! The class with the most books donated will receive a class surprise! More details will be coming home soon.

NEW EXCITING OPPORTUNITY FOR EISENHOWER FAMILIES!!

This year we are partnering with Educational Products Inc. to provide Eisenhower families with the opportunity to pre-order your child's school supplies online from the comfort of your home for the 2018/2019 school year! The pre-packaged case of supplies, matching your child's grade's supply list, will be directly delivered to your child's class prior to Student Orientation day in the Fall. Not only will these affordable packs take the stress out of back-to-school shopping, the PTO gets \$1.00 for every pack purchased to go towards PTO funded activities and supplies.

This opportunity is **OPTIONAL** and is not a requirement for your family to participate in.

Please watch for further information and check out the sample pack during the Spring Fling!

Have you checked out our Facebook Page? If not, please do and tell a friend! We post reminders about many events and updates, and occasionally share pictures of our very own Eisenhower students!

Find us on Facebook at- **Eisenhower Elementary PTO - Dubuque, IA**

Do you have pictures from the first day of school, field trips or class activities? The Memory Book Committee would love to include them in this years' Memory Books. Please send them ASAP to yearbook.eisenhower@gmail.com

If you have any questions, please feel free to contact me at bridget_ott@hotmail.com.

Thank you,
Bridget Ott
PTO President

MARK YOUR CALENDAR

APRIL 3	ROOSEVELT OPEN HOUSE 7:00-8:30 PM CHOIR CONCERT @ HEMPSTEAD 6:30 PM
APRIL 9	PTO MEETING 6:30 PM
APRIL 10	WASHINGTON MIDDLE SCHOOL OPEN HOUSE 6:30-7:30 PM ROOSEVELT OPEN HOUSE 7-8:30 PM
APRIL 10	JEFFERSON MIDDLE SCHOOL OPEN HOUSE 6:30-8 PM
APRIL 11	2 ND GRADE ARTS TREK-DBQ MUSEUM OF ART 2 ND GRADE ARTS TREK-DBQ MUSEUM OF ART ADOPT-A-MUSICIAN
APRIL 12	SKATE PARTY 6-8 PM
APRIL 16-18	BOOK COLLECTION FOR BOOK SWAP
APRIL 17	KINDERGARTEN WELCOME EVENT A-L 5:30-7 PM WENDY'S NIGHT 5-7 PM
APRIL 19	ANNUAL BOOK SWAP SPONSORED BY PTO KINDERGARTEN WELCOME EVENT M-Z 5:30-7 PM
APRIL 21	FREE DUBUQUE AREA FAMILY STEM FESTIVAL @ CLARKE UNIVERSITY 10-2 PM
APRIL 24	NATIONAL HISTORY DAY CELEBRATION EVENT
APRIL 27	DAYS OF CARING @ EISENHOWER SPONSORED BY THE PTO 12-4 PM

FUTURE DATES

MAY 3	4 TH AND 5 TH GRADE MUSIC PROGRAM @ ROOSEVELT MIDDLE SCHOOL
MAY 4	4 TH GRADERS TO LORAS FOR GO THE DISTANCE DAY 11-12:45 PM
MAY 8	ELEMENTARY TRACK MEET @ DALZELL FIELD
MAY 11	5 STAR AWARDS CEREMONY @ 2:15 PM MOTHER'S DAY TEA
MAY 17	SPRING FLING 5:30-7:30 PM
MAY 30	2 ND GRADE TO SWISS VALLEY
MAY 31	4 TH GRADE TO SWISS VALLEY 5 TH GRADE FOUR MOUNDS
JUNE 1	KINDERGARTEN GRADUATION 2-2:45 PM
JUNE 4	FIELD DAY
JUNE 5	LAST DAY OF SCHOOL-AWARDS ASSEMBLY